

WELCOME TO OUR

Monthly Newsletter

We're so glad you're here!

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Resolutions
For Your
Dog**



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than an just an
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On Icy
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HAPPY NEW YEAR

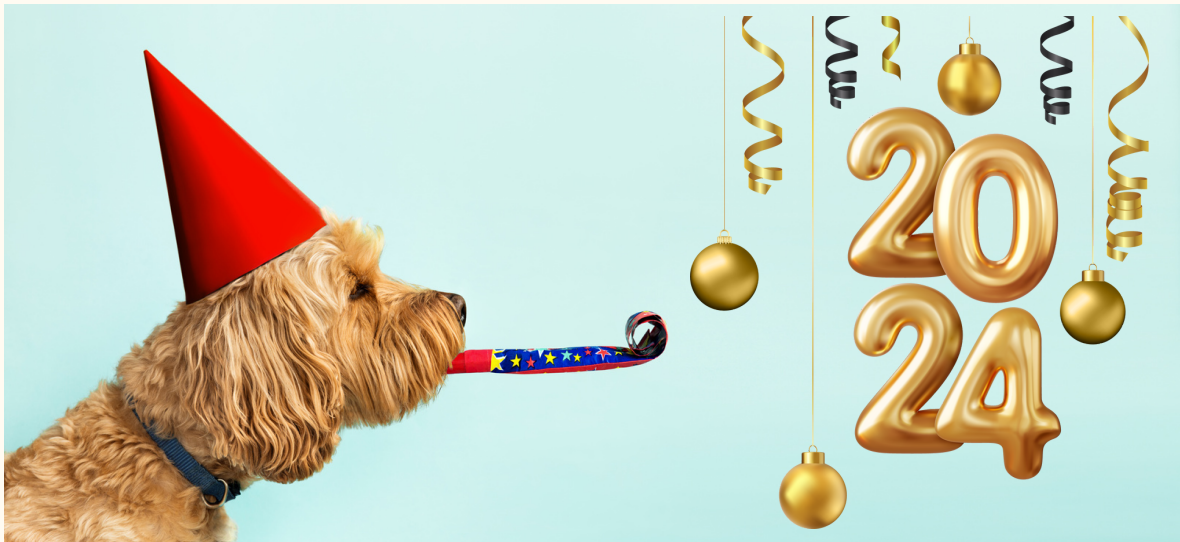
We can hardly believe we have started 2024! This year we want to focus on not only sharing our knowledge of all things dog, but some things that help us humans too.

We have some wonderful small business owners as Pack Members and we'd love to Share the Love and showcase them.

If you have a small business that you'd like us to showcase please email kim@dawgtired.ca to chat.

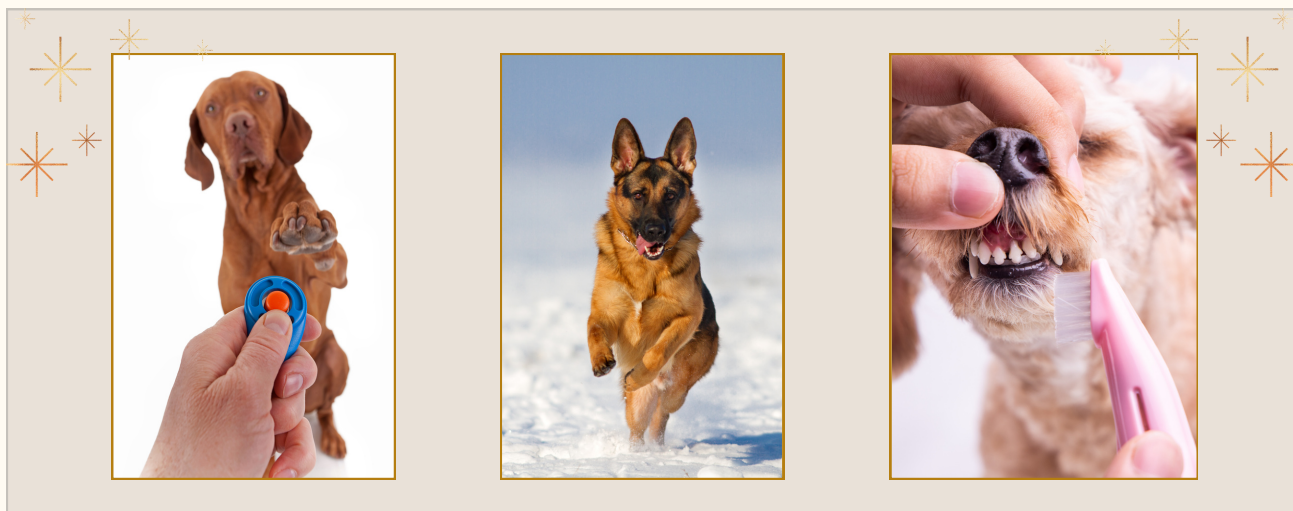
New Year, New Dog

As we welcome in the new year, it's a great time to start thinking about resolutions for ourselves, but what about our furry friends? Dogs can benefit greatly from having their own set of resolutions to work towards throughout the year. Here are a few ideas to get you started:



- Obedience Training - Whether your furry friend is a playful puppy or an adult dog, obedience training is always a smart move. Not only does it help to strengthen the bond between you and your dog, but it also teaches them important commands that can keep them safe in various situations. This year, consider working on training your dog a little bit each day. Incorporate simple exercises such as sitting before meal times, practicing going to their bed when visitors arrive, or stay commands before entering the house. Mix it up and make it fun! Another excellent way to improve your dog's skills is by attending a class. Classes provide better guidance and help you learn how to communicate with your dog effectively.
- Exercise More - Just like us, dogs need regular exercise to maintain their physical and mental well-being. To keep your furry pal healthy and happy, commit to daily walks this year, or playtime sessions to help them expend energy and stay in shape. For more social stimulation, schedule play dates with dogs whose play styles match your dog's, or visit an off-leash park at least once a week. If you're unable to do so, don't hesitate to reach out to your community for help - a trusted friend, family member, or a professional dog walker can all be great options. Exercising your dog is not only good for their health, but it's also a fantastic way to bond with your furry companion in 2024.

- **Brush Teeth** - Dental health is a crucial part of taking care of your dog, so make 2024 the year of Teeth care! Gum disease and tooth decay are common dental problems in dogs, but regular brushing can help prevent them. It's never too late to start brushing your dog's teeth, and it's essential to use toothbrushes and toothpaste that are specially designed for dogs. Start by brushing one tooth and gradually increase the number of teeth as your dog becomes more accustomed to it. Make it a fun experience, and before you know it, your furry little buddy will enjoy getting their teeth brushed.



These are just a few suggestions to enhance your dog's quality of life this year. Consider adopting at least one of these resolutions, or come up with your own creative ideas. By setting aside a small amount of time each day to work on a goal for your furry companion, you can help your pet become the happiest and healthiest they can be in 2024.



Check Out DT Gear

FOR ALL YOUR COLLARS,
LEASHES AND MORE!!!



[GEAR UP HERE!](#)



Learn 'n' Play!

HOW TO WALK SUCCESSFULLY
IN AN OFF LEASH SETTING.

Jan. 20 10:30am-11:30am

Feb. 03, 17 10:00am-11:00am

[SIGN UP HERE!](#)

Pet Care Kit

As dog owners, we all know that accidents happen and when they do, we want to be prepared to handle them quickly and calmly. That's why we recommend creating a Care Kit stocked with all the essentials you'll need.

The Care Kit should include standard items like gauze, Polysporan, and tape and vet wrap, but it's also helpful to have items for upset stomachs, gut health, and other issues. Instead of calling it a "kit," you can think of it as a drawer, cupboard, or even an apothecary. Here are a few items that Heather and I have in ours.



Vet Wrap



Slippy Elm Powder



Bach Flower Remedies
(Rescue Remedy)

1. Slippy Elm (Powder) (SEP) - Slippy Elm is a tree native to North America. Its inner bark is dried and powdered for medicinal use. It has been used for centuries as an herbal remedy for various conditions. Slippy Elm contains mucilage, which forms a soothing gel when mixed with water. It can coat and soothe the mouth, throat, stomach, and intestines. It also has antioxidants that help with inflammatory bowel conditions.



Canine Basics 101

WOULD YOU LIKE TO IMPROVE YOUR
DOGS SIT, RECALL, STAY, FOCUS AND
MORE?
THEN THIS 5 SESSION 5 WEEK CLASS IS
FOR YOU! FEB.07 - MAR.06

[SIGN UP TODAY!](#)



Did you know that we offer
overnight care for your dogs?
Your dog stays with us in our
home and is treated just like
family. After all, they deserve the
best vacations ever!

[BOOK THEIR STAY](#)

Care Kit Cont...

We mix Slippery Elm with Manuka honey (1 tsp SEP to 2 tbsp honey) to soothe dogs with kennel cough or boost their immunity. It helps relieve throat irritation and reduces coughing. Slippery Elm is a mucilage so separate administering it at least one hour before or after any meds.

Another mixture we make is 1 tbsp Slippery Elm with 3-ish tbsp pure pumpkin (not pumpkin pie). It creates a strange, gloopy mass that we use for diarrhea and to combat stomach bugs. It helps keep the intestines clean. For small dogs, give them ½-1 tsp, for medium dogs 2 tsp - 1 tbsp, and for large/giant dogs 1-2 tbsp. Our dogs love eating it right off the spoon!

2. Bach Rescue Remedy - I have personally used Bach Flower Remedies, including Rescue Remedy, for over 25 years. It's a tincture that may not taste great, but like Buckley's, it works!

When to use it:

- Before a thunderstorm
- After a dog scrap
- During arguments
- When you or your dog are stressed out
- Before traveling
- When company is coming over
- Basically, during any stressful time

Written by KPO

As always, this information isn't meant to diagnose or treat and shouldn't replace your vets opinions. If your dog is unwell, please call your vet!



LINKS

For more information about Bach Remedies, visit <https://www.bachcentre.com/en/remedies/the-38-remedies/>

If you're in Calgary, you can purchase Bach Rescue Remedy at <https://canada.communitynaturalfoods.com/shop/product/10015389-rescue-remedy-7245?category=64#attr=65551>.

You can find Slippery Elm Powder in small quantities at The Apothecary in Inglewood. They also offer delivery! https://the-apothecary.ca/Slippery-Elm-Bark-Powder-organic_p_1018.html

Navigating Ice Covered Sidewalks

Walking your dog in the fall and winter is a great way to exercise and bond with your furry friend, but it can also be challenging when the sidewalks are covered in ice. Navigating slippery sidewalks can be dangerous for both you and your dog, but there are things you can do to make your walks safer and more enjoyable.

First, make sure you wear shoes with good traction. If your shoes are worn out or don't have good grip, it's time to invest in a new pair. You can also consider buying shoe grips or cleats that attach to the bottom of your shoes for added traction. Plus don't forget about your dogs' winter footwear! Consider investing in dog winter boots; You can find dog boots in different grips and warmth levels.



Secondly, to prevent slipping and falling on icy ground, it's crucial to approach each step with caution. When walking, take small, deliberate steps and move slowly. To increase your stability, keep your feet slightly pointed outwards. Avoid icy patches where possible, but if there's no other option, use your heel to test the surface before committing to a step.

Lastly, to maintain control and avoid your dog pulling you off balance on icy sidewalks, it's essential to keep your dog on a shorter leash (6 feet). This will allow you to remain in command in case they start to pull or you begin to slip. If your dog has poor leash manners and tends to pull you in different directions, it's highly recommended that you train them to walk loosely on a leash. This will not only make walking more enjoyable but also safer. If you're unsure how to go about training them, join us in our Loose Leash Walking Clinic for expert guidance.

Don't let icy sidewalks keep you inside this winter, and stop your dog from getting their much needed exercise! By following these helpful hints, you and your furry friend can confidently venture out into the winter wonderland.

Dawg Of The Month



Meet Kocher!!!

Kocher has been a part of our Pack since she was about 7 months old! (2013) Kocher loves rolling, sniffing, swimming and definitely exploring. We love her so very much, even when her ears don't work quite as expected LOL!



SNEAK PEAK!


Next month's issue is all about the month of love, and we can't wait to share it with you! From navigating Valentine's Day with your fuzzy buddy to dealing with the harsh Canadian winter, we've got you covered. Whether you're looking for tips on how to keep fido active while staying warm or advice on how to make the most of the month of love with your pooch, our upcoming issue is sure to have something for everyone. So be sure to stay tuned and don't miss out on all the love-filled fun that awaits you in our next edition!

Work with us today

HAVE ANY QUESTIONS? REACH OUT TO US.

Our team is hands-on, experienced and professional — dedicated to giving individualized attention to each member of the pack during off-leash walks, kennel-free dog sits and coaching.

LET'S CHAT

Find us on 

| info@dawgtired.ca |

Find us on 

WWW.DAWGTIRED.CA